



Carlson

EcoSmart Omega-3

Sustainable Source



Natural
Lemon
Flavor

DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

90 Soft Gels



*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Serving	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Vitamin E (as natural d-alpha tocopherol)	10 IU	33%
Norwegian Calamari Oil	1000 mg	†
Omega-3 Fatty Acids*	500 mg	†
DHA (Docosahexaenoic Acid)*	360 mg	†
EPA (Eicosapentaenoic Acid)*	140 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Natural lemon flavor, mixed tocopherols. Soft Gel Shell: Beef gelatin, glycerin, water. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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Carlson Specializing in the finest
Norwegian marine oils since 1982.

The sustainability of our environment pertains to us all. **EcoSmart Omega-3** is an eco-friendly and highly sustainable source of the important omega-3s, EPA and DHA. EcoSmart Omega-3s easy-to-swallow soft gels provide the omega-3s that support brain, vision, joint & cardiovascular health.* EcoSmart Omega-3: Healthy for you. Healthy for our Earth.

Directions: Adults take one soft gel once or twice daily, **at mealtime**. Keep bottle tightly closed and out of the reach of children.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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