

SUGGESTED USE:
Take 30 drops 15 minutes
before bedtime or if you
wake up in the middle of the
night, in water. Repeat as
needed every 20 minutes.

WARNING:
Do not take
during pregnancy.
Keep out of the
reach of children.

Shake well
before using.

Manufactured for:
VitalBulk Inc.
440 Kings Village RD.
Bldg 8
Scotts Valley, CA 95066



SLEEP *with Valerian & Melatonin*

HERBAL SUPPLEMENT
1 fl oz (30 ml)

Supplement Facts

Serving Size 30 Drops (1 ml)
Servings Per Container 30

Amount Per Serving 425 mg
Herb Weight Equivalence

Proprietary Blend *
Valerian Root +, Hops Strobiles +,
Fresh Skullcap Herb +, Passion
Flower Herb +, Chamomile Flower +,
Fresh California Poppy Herb +

Melatonin 3 mg *

Herb Strength Ratio 1:2:4

* Daily Value Not Established

OTHER INGREDIENTS: Grain Alcohol
(50-60% by volume), Deionized Water
* Organic, > Ethically Wild Harvested
Rev. 160801