

OPTIMIZE + OXYGEN=OPTYGEN^{HP}

The new and improved OptygenHP has been engineered to optimize performance for endurance athletes. This next-generation formula has been upgraded with Ashwagandha to modulate cortisol, improve power and enhance VO2 Max.^(1,2) In addition, there's a clinically effective dose of premium grade Rhodiola & Cordyceps because clinical research shows the combination of these two endurance-specific adaptogens improves aerobic performance.⁽³⁾ Each serving of OptygenHP also delivers 1500mg of Beta-Alanine to boost strength and enhance exercise capacity.⁽⁴⁾

REFERENCES:

1. Choudhary B., et al. Effect of Ashwagandha in improving cardiorespiratory endurance in healthy athletic adults. Ayurvedic, 2015.
2. Shenoy S. et. al. Effects of eight-week supplementation of Ashwagandha on cardiorespiratory endurance in elite Indian cyclists. Journal of Ayurvedic Integrated Medicine. 2012.
3. Chen et. al., Rhodiola and Cordyceps based supplement boosts aerobic exercise performance after short-term high altitude training. Journal of High Alt Medical Biology. 2014.
4. Ghiasvand R, Askari G, Malekzadeh J, Hajishafiee M, Daneshvar P, Akbari F, Bahreynian M. International Journal of Preventive Medicine. 2012 Aug;3(8):559-63. Effects of Six Weeks of β -alanine Administration on VO(2) max, Time to Exhaustion and Lactate Concentrations in Physical Education Students.

FIRST ENDURANCE

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OPTYGEN^{HP}

HP-HIGH PERFORMANCE

INCREASES VO2 MAX

IMPROVES OXYGEN UTILIZATION & ANAEROBIC THRESHOLD

MODULATES CORTISOL & REDUCES LACTIC ACID

120 CAPSULES

ENDURANCE SUPPLEMENT

NEW & IMPROVED



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Dosage recommendations: Take 4 capsules daily with a meal.

For best results, use OptygenHP during all intense training. OptygenHP should be used consistently for many months. If you start taking OptygenHP a week before a race, benefits will be minimal.

Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Chromium (from Chelavite® amino acid chelate)	200mcg	167%
Ashwagandha Extract (<i>Withania Somnifera</i>)(root)	150mg	*
Rhodiola Extract (<i>Rhodiola Rosea</i>)(root)	150mg	*
Cordyceps (<i>Sinensis</i>)(mycelia biomass) minimum 7% cordycepic acid	800mg	*
(<i>Militaris</i>)(sporocarp) minimum 10% Polysaccharides		
Beta-Alanine	1500mg	*
ActiGin Proprietary matrix (Panax notoginseng extract, Rosa	50mg	*
Roxburghii fruit extract)		
ATPro Matrix (Calcium Pyruvate, Sodium Phosphate, Potassium	500mg	*
Phosphate, Ribose)		

*Daily Value Not Established

Other Ingredients: Vegan capsule.

Chelavite® is a registered trademark of Albion Laboratories, Inc.

Covered by Albion International, Inc., U.S. Patent 5,614,553.

Made in the USA

STORE IN A COOL DRY PLACE.



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