



Nutra-Support[®] Stress

Vitamin B Complex

DIETARY SUPPLEMENT

Supports Healthy Energy Levels & Brain Function*

180 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Provides nutrients important for the nervous system and brain health which play a role in cognitive function, mood and stress.*

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

| | Amount Per 2 Tablets | % DV |
|--|----------------------|-------|
| Vitamin C (ascorbic acid) | 500 mg | 833% |
| Thiamin (Vitamin B-1)(from thiamin HCl) | 10 mg | 667% |
| Riboflavin (Vitamin B-2) | 10 mg | 588% |
| Niacin (as niacinamide) | 100 mg | 500% |
| Vitamin B-6 (as pyridoxine HCl) | 10 mg | 500% |
| Folate (folic acid) | 800 mcg | 200% |
| Vitamin B-12 (as cyanocobalamin) | 30 mcg | 500% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid (as d-calcium pantothenate) | 200 mg | 2000% |
| Choline (from choline bitartrate) | 100 mg | ** |
| Inositol | 100 mg | ** |
| PABA (para-aminobenzoic acid) | 30 mg | ** |
| ** Daily Value (DV) not established | | |

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Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silicon dioxide, magnesium stearate (veg.), stearic acid (veg.), ethylcellulose, methylcellulose, dicalcium phosphate, food glaze, hydroxypropylcellulose.

Directions: Take two tablets daily, at **mealttime**. Keep bottle tightly closed. Store away from heat and moisture. Tablet color may darken over time.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

This formula is prepared to disintegrate over a period of up to 1 hour.

POTENCY & QUALITY GUARANTEED

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An FDA Regulated Facility



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