Carlson

Natural E Source

E·Gems®

400 IU (268 mg)

DIETARY SUPPLEMENT

✔ Heart Health* ✔ Antioxidant* ✔ Optimal Wellness*

200 Soft Gels

Carlson. Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 200

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate from soy)	268 mg	1787%

Other Ingredients: Soft Gel Shell (beef gelatin, glycerin, water), sunflower oil, soybean oil.

Directions: Adults take one soft gel once or twice daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

E-Gems® provide 400 IU of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health.* Natural-source vitamin E is twice as active inside our body as synthetic vitamin E (by weight).

✔ Gluten-free
✔ No Artificial Preservatives

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