



Vitamin K₂ MK-7

180 mcg

DIETARY SUPPLEMENT

✓ Bone Support* ✓ Cardiovascular Function* ✓ Calcium Bioavailability*

90 Soft Gels

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 90

	Amount Per Serving	% Daily Value
Menaquinone (MK-7, vitamin K ₂)	180 mcg	†

† Daily Value not established

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water, carob), sunflower oil.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

Vitamin K2 MK-7 plays a role in several important functions beyond supporting healthy blood clotting, including promoting bone and cardiovascular system health.* Vitamin K helps direct calcium to where our body needs it most, and MK-7 is the most bioactive form.*

Directions: Adults: take one soft gel daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

POTENCY & QUALITY GUARANTEED



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