

Natural
E
Source



E•Gems®

200 IU (134 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

250 Soft Gels

Carlson

Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 250

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate from soy)	134 mg	893%

Other Ingredients: Sunflower oil, soybean oil,
Soft Gel Shell (Beef gelatin, glycerin, water).

Directions: Adults take one soft gel once
or twice daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product
is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

E-Gems® provide 200 IU of
natural-source vitamin E per
soft gel. Natural-source vitamin
E is a powerful antioxidant
that promotes cardiovascular
system health.* Natural-source
vitamin E is twice as active
inside our body as synthetic
vitamin E (by weight).

✓ **Gluten-free**
✓ **No Artificial Preservatives**



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