

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.

Your health & safety are our first priority!

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **7961**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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VITAMIN WORLD
get healthy.

Biotin

1000_{MCG}

*Supports Healthy Hair,
Skin & Nails**

Vegetarian Vitamin Supplement

100
EASY TO SWALLOW
COATED TABLETS

DIRECTIONS: For adults, take one (1) tablet up to five times daily, preferably with meals.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Biotin (as d-Biotin) 1,000 mcg (1 mg)	333%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

Found in foods such as oatmeal and soy, Biotin, a water soluble B vitamin, assists in energy metabolism in cells.* Biotin is essential for the intermediate metabolism of carbohydrates, proteins and fats.* In addition, Biotin helps to support healthy hair, skin and nails.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.