



Mild-C[®]

Buffered Vitamin C

DIETARY SUPPLEMENT

Supports Healthy Immune Function*

100 Capsules: 500 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Vitamin C (from calcium ascorbate)	500 mg	833%
Calcium (from calcium ascorbate)	57 mg	6%

Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), beef gelatin capsule.

Directions: Take one capsule one to four times daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

Vitamin C is an essential antioxidant nutrient needed for the building of collagen, maintaining teeth and gum tissue health, and the normal functioning of the body's natural defenses.*

Carlson **Mild-C** capsules contain a non-acidic form of vitamin C that is mild in the stomach.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Citrus-free**

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POTENCY & QUALITY GUARANTEED

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