

# Nature's Plus®

## The Energy Supplements®

nutrition for healthy hair

# ULTRA HAIR®

## THICK-SHAKE

**Complete  
Nutrition-  
Packed  
Formula for  
Men & Women**



**GREAT TASTE • MIXES INSTANTLY**

**FRENCH VANILLA**

1 lb. (454g)



## Nutrition Facts

Serving Size 1 Scoop (28g)  
Servings Per Container 16

| Amount Per Serving            | ULTRA HAIR THICK-SHAKE | w/1 Cup Skim Milk |
|-------------------------------|------------------------|-------------------|
| <b>Calories</b>               | 120                    | 200               |
| Calories from Fat             | 30                     | 30                |
| %Daily Value**                |                        |                   |
| <b>Total Fat</b> 3g*          | <b>5%</b>              | <b>5%</b>         |
| Saturated Fat 1g              | <b>5%</b>              | <b>5%</b>         |
| Trans Fat 0.5g                |                        |                   |
| <b>Cholesterol</b> 0mg        | <b>0%</b>              | <b>2%</b>         |
| <b>Sodium</b> 80mg            | <b>3%</b>              | <b>9%</b>         |
| <b>Potassium</b> 90mg         | <b>3%</b>              | <b>14%</b>        |
| <b>Total Carbohydrate</b> 15g | <b>5%</b>              | <b>9%</b>         |
| Dietary Fiber 0g              | <b>0%</b>              | <b>0%</b>         |
| Sugars 8g                     |                        |                   |
| Other Carbohydrate 7g         |                        |                   |
| <b>Protein</b> 7g             | <b>14%</b>             | <b>30%</b>        |
| Vitamin A                     | 5000 IU                | 100%              |
| Vitamin C                     | 102 mg                 | 170%              |
| Niacin                        | 40 mg                  | 200%              |
| Calcium                       | 200 mg                 | 20%               |
| Iron                          | 18 mg                  | 100%              |
| Vitamin D                     | 200 IU                 | 50%               |
| Vitamin E                     | 100 IU                 | 330%              |
| Thiamin                       | 10 mg                  | 670%              |
| Riboflavin                    | 12 mg                  | 710%              |
| Niacin                        | 40 mg                  | 200%              |
| Vitamin B6                    | 15 mg                  | 750%              |
| Folic Acid                    | 400 mcg                | 100%              |
| Vitamin B12                   | 10 mcg                 | 170%              |
| Biotin                        | 2010 mcg               | 670%              |
| Pantothenic Acid              | 100 mg                 | 1000%             |
| Phosphorus                    | 100 mg                 | 10%               |
| Iodine                        | 105 mcg                | 70%               |
| Magnesium                     | 100 mg                 | 25%               |
| Zinc                          | 15 mg                  | 100%              |
| Selenium                      | 100 mcg                | 140%              |
| Copper                        | 2 mg                   | 100%              |
| Manganese                     | 5 mg                   | 250%              |
| Chromium                      | 50 mcg                 | 40%               |

\*Amount in ULTRA HAIR THICK-SHAKE. A serving of ULTRA HAIR THICK-SHAKE plus skim milk provides 3g fat, 5mg cholesterol, 205mg sodium, 496mg potassium, 27g carbohydrate (19g sugar) and 15g protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

Each serving of ULTRA HAIR THICK-SHAKE also contains:

|                                       |        |
|---------------------------------------|--------|
| <b>Nutrients:</b>                     |        |
| Choline (bitartrate).....             | 250 mg |
| Inositol.....                         | 250 mg |
| PABA (para-aminobenzoic acid).....    | 75 mg  |
| <b>Amino Acids:</b>                   |        |
| L-Methionine.....                     | 80 mg  |
| L-Cysteine.....                       | 72 mg  |
| L-Taurine (free form amino acid)..... | 25 mg  |
| L-Glutathione.....                    | 10 mg  |

|                                                                                                        |         |
|--------------------------------------------------------------------------------------------------------|---------|
| <b>Essential Oils:</b>                                                                                 |         |
| Safflower Oil (supplying linoleic and oleic acids<br>[naturally occurring essential fatty acids])..... | 2000 mg |
| MCT (caprylic acid source medium-chain triglyceride).....                                              | 1000 mg |

|                                                                                   |        |
|-----------------------------------------------------------------------------------|--------|
| <b>Enzymes:</b>                                                                   |        |
| Bromelain (pineapple) (60 gelatin digesting units).....                           | 100 mg |
| Papain (papaya).....                                                              | 50 mg  |
| <i>Lactobacillus acidophilus</i> (supplying 100 million cells <sup>1</sup> )..... | 25 mg  |
| Amylase (brown rice fermentation).....                                            | 20 mg  |
| Lipase (brown rice fermentation).....                                             | 20 mg  |
| Protease (brown rice fermentation).....                                           | 20 mg  |

<sup>1</sup>At time of manufacture

**INGREDIENTS:** Fructose, proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), safflower oil, lactalbumin, medium-chain triglycerides, natural vanilla flavor, choline bitartrate, tri-calcium phosphate, maltodextrin, inositol, vitamin E acetate, biotin, magnesium oxide, guar gum, psyllium, microcrystalline cellulose, vitamin C, pantothenic acid, bromelain, para-aminobenzoic acid, papain, niacinamide, bee pollen, L-tyrosine, *Lactobacillus acidophilus*, protease, amylase, lipase, vitamin A palmitate, zinc oxide, manganese sulfate, pyridoxine HCl, copper gluconate, ferrous fumarate, riboflavin, thiamine HCl, L-glutathione, vitamin B-12, folic acid, vitamin D, sodium selenite, chromium chloride, potassium iodide...and LOVE ♥



ULTRA HAIR THICK-SHAKE is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans — As Nature Intended.

ULTRA HAIR THICK-SHAKE, supplying a broad spectrum of nutrients, is the ultimate nutritional support for the health of your hair. For best results, ULTRA HAIR THICK-SHAKE should be taken in conjunction with ULTRA HAIR TABLETS.

**DIRECTIONS:** Add one measuring scoop (scoop included in can) of ULTRA HAIR THICK-SHAKE to 8 fl. oz. of skim milk, whole milk, or juice, and mix (or shake) until smooth. No blender required.

**Contains milk and soy.**

**SUPERIOR TRI-PART PROTEIN BLEND:\*\*\* Rice, Pea, Soy**

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**KEEP OUT OF REACH OF CHILDREN. SOLD BY WEIGHT, NOT VOLUME.**

\*\*\*Patents Pending

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makers of Nature's Plus  
9500 New Horizons Blvd.  
Amityville, New York 11701, USA  
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PRODUCT NO. 4844

