



# B-1

## 100 mg Thiamin

DIETARY SUPPLEMENT

Promotes Energy Production & Nervous System Health\*

250 Tablets

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Tablet

|                                             | Amount Per<br>Tablet | % Daily<br>Value |
|---------------------------------------------|----------------------|------------------|
| Thiamin (Vitamin B-1)<br>(from thiamin HCl) | 100 mg               | 6667%            |

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid (veg.), magnesium stearate (veg.), silicon dioxide, methylcellulose, ethylcellulose.

**Directions:** Take 1 tablet daily. Keep bottle tightly closed. Store away from heat and moisture.

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B-1 (thiamin) is essential for energy production and nerve health and function\*

✓ **Gluten-free** ✓ **Sugar-free**  
✓ **Vegetarian**

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**POTENCY & QUALITY  
GUARANTEED**



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