



MCT & CLA OIL

A blend of healthy fats

Natural support for weight management and energy production<sup>v</sup>

- Enhance lean mass\*
- ullet Supports reduction of body fat  ${f v}$
- Non-stimulant\*
- Contains medium-chain triglycerides (MCTs) from non-GMO, cold-pressed coconut oil

## Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 63

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	18%†
Saturated Fat	14 g	70% <sup>†</sup>
MCT & CLA Oil Blend:	14 g	*
Medium Chain Triglycerides	12.6 g	
(from liquid coconut oil)		
Conjugated Linoleic Acid	1.4 g	
(CLA) (from safflower oil)		

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Antioxidant blend (mono and diglycerides, propylene glycol, rosemary extract, mixed tocopherols, ascorbyl palmitate, citric acid, soybean oil\*).

**CONTAINS:** Tree Nuts (Coconut).

**DOES NOT CONTAIN:** Gluten, Sugar, Salt, Animal Derivatives, Artificial Colors or Flavors.

**DIRECTIONS:** Take one (1) tablespoon (15 mL) up to three (3) times per day. To asses tolerance, begin with one (1) serving per day, as excessive consumption may cause gastric discomfort.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

 According to the FDA allergen labeling requirements, highly refined oils, such as the soybean oil used in this product, are not considered allergenic due to the removal of the protein allergens. The fitfactor weight management system brand helps you live your best life. You'll get exceptional products, specialized plans, and a warm support community.

## Typical MCT profile per TBSP (15 mL)

C8:0 Caprylic Acid 7,300 mg C10:0 Capric Acid 3,500 mg

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.
TAMPER EVIDENT

Do not use if outer seal is broken or missing.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094 Visit www.vitaminshoppe.com or call 1-866-293-3367.



Made in Canada



32 fl. oz. (946 mL)

Dietary Supplement

<sup>\*</sup> Daily Value not established.