

SUGGESTED USE

Ages 4 and up: 1 teaspoon daily

Ages 1-3: ¼ teaspoon daily

For additional support, adults (ages 12+) may take 1 teaspoon, 2 times daily.

Shake well before use. Refrigerate after opening. Not for use during pregnancy. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Do not use if cap seal is broken.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ID#:

BEST BY:

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HERBS

IMMUNE SUPPORT*



Black Elderberry Syrup

5.4 FL OZ (160 mL) HERBAL SUPPLEMENT

Supplement Facts

	Ages 1-3	Ages 4+
Serving Size	¼ tsp (1.25 mL)	1 tsp (5 mL)
Servings Per Container	128	32
Amount Per Serving	% DV	% DV
Calories		20
Total Carbohydrate	1g < 1%*	4g 2%**
Total Sugars	1g †	4g †
Includes Added Sugars	1g 4%*	4g 8%**
Black Elderberry (<i>Sambucus nigra</i>) fruit juice concentrate ▲	476 mg †	1,903 mg †
Acerola fruit extract ▲	37 mg †	147 mg †

* Percent Daily Values (DV) are based on a 1,000 calorie diet.
** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other ingredients: Organic cane sugar, water and lemon fruit juice (to preserve freshness).

▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth
Manufactured for Gaia Herbs by Aboca S.p.A. - Italy, PRODUCT OF ITALY



[101] 1051-0718

Best By:

Lot No:



[101] 1051-0718

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PRODUCT OF ITALY

Each teaspoon contains the equivalent of 14.5 g (14,500 mg) of fresh Elderberries.

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Connecting
plants & People™
SINCE 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated extracts provide a delicious & convenient way to get your daily dose of herbs.

Discover our Guiding Truths at:



gaiaherbs.com
[@gaiaherbs](https://www.instagram.com/gaiaherbs)

A partnership of mutual beliefs

Black Elderberry Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in Europe since 1978.

Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

Aboca

gaia
HERBS

NEW LOOK
SAME FORMULA

IMMUNE SUPPORT*



Black Elderberry Syrup

Traditionally taken for immune health*

A delicious daily tonic for the whole family*

Our best-selling formula



5.4 FL OZ (160 mL)
HERBAL SUPPLEMENT

meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
CERTIFIED ORGANIC

