



# K Complete

K1 & K2 as MK-4 & MK-7

DIETARY SUPPLEMENT

Promotes Bone & Cardiovascular System Health\*

45 Soft Gels

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin K <sub>1</sub> (as phylloquinone)	500 mcg	417%
Vitamin K <sub>2</sub> (as MK-4 (menatetrenone))	1.5 mg	**
Vitamin K <sub>2</sub> [as MK-7 (menaquinone-7) from chickpeas ( <i>Cicer arietinum</i> )(seed)]	45 mcg	**

\*\* Daily Value not established.

Other Ingredients: Medium chain triglyceride oil, olive oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob.

**Directions:** Adults take one soft gel daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004  
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K Complete provides the dynamic trio of vitamin K<sub>1</sub>, K<sub>2</sub> as MK-4, and K<sub>2</sub> as MK-7 to support cardiovascular system, bone, and blood health.\*

**Warning:** Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

✓ **Gluten-free** ✓ **Sugar-free**  
✓ **Preservative-free**

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**POTENCY & QUALITY GUARANTEED**

