

Directions For Use:

Take 2 capsules, once per day on an empty stomach.

NOTE: Consult your healthcare professional before using this product.

KEEP OUT OF REACH OF CHILDREN.

Store product away from excessive heat, light and humidity.

Formulated/manufactured exclusively for AdvoCare® International, L.P.,
Plano, TX 75074
800-542-4800

For more information visit
www.advocare.com

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

SUPPORTS JOINT
HEALTH, MOBILITY
AND FLEXIBILITY*

CONTRIBUTES TO
THE PRODUCTION OF
COLLAGEN AND
SUPPORTS HEALTHY
CONNECTIVE TISSUE*



ADVOCARE
FLEX™
AMINO ACID AND
COLLAGEN SUPPLEMENT

FIT

60 CAPSULES

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

	Amt Per Serving
L-Proline	400mg*
L-Glycine	100mg*
L-Serine	100mg*
L-Threonine	100mg*
L-Methionine	100mg*
L-Histidine	100mg*
UC-II® - Standardized cartilage (Providing 10mg total collagen, including undenatured Type II collagen‡)	40mg*

*Daily Value (DV) not established.

OTHER INGREDIENTS: MICROCRYSTALLINE
CELLULOSE, GELATIN, L-LEUCINE.

‡CONTAINS UC-II® ARE INTERHEALTH N.I. TRADEMARKS

UC-II® brand collagen with undenatured type II collagen (U.S. Patents 7,063,820, 7,846,487, 9,065,926
EP0 Patent EP 1435906B1; Canadian Patent CA 2459661C; and Japanese Patent JP 4800574B2).

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