



Carlson

A & D

25,000 IU & 1,000 IU
(7,500 mcg RAE) & (25 mcg)

DIETARY SUPPLEMENT

✓ Vision Support* ✓ Immune Function* ✓ Skin Health*

100 Soft Gels

Same dose,
new units per
FDA

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 100

	Amount Per Serving	% Daily Value
Vitamin A (as/from fish liver oil and retinyl palmitate)	7,500 mcg RAE	833%
Vitamin D (from fish liver oil and cholecalciferol)	25 mcg (1,000 IU)	125%

Other Ingredients: Soft Gel Shell (beef gelatin, glycerin, water), natural mixed tocopherols, safflower oil. Contains fish (cod).

WARNING: The recommended daily serving of this product contains more than 10,000 IU of Vitamin A from retinol. Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

Directions: Adults take one soft gel three times weekly **at mealtime**. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **No Artificial Preservatives**

**POTENCY & QUALITY
GUARANTEED**

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Arlington Heights, IL 60004 • 888-234-5656
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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.