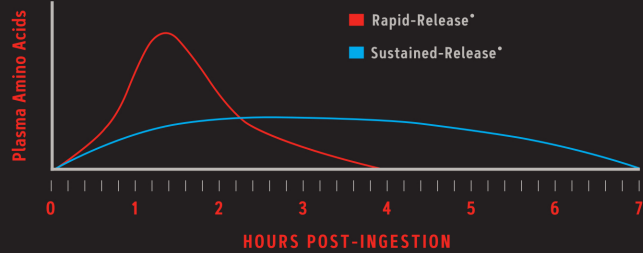


7-HOUR SUSTAINED RELEASE PROTEIN*



* Visual illustration based off of published data.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

GNC.com

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



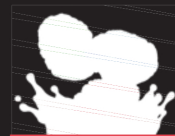
ADVANCED MUSCLE PERFORMANCE

SUSTAINED PROTEIN BLEND

7-HOUR SUSTAINED-RELEASE PROTEIN

Ultra-Premium Blend of 4 High-Quality Protein Sources

Rapid & Sustained-Release for Up to 7 Hours of Muscle Fuel*



FRUITY CRISPS

NATURAL + ARTIFICIAL FLAVORS

25g
PROTEIN

4
PROTEIN
SOURCES

5g
BCAA

130
CALORIES

DIETARY SUPPLEMENT

NET WT 32.10 OZ
(2.01 LB) 910 G

CODE 414774

HSG

DIRECTIONS: As a dietary supplement, mix one scoop (32.5 g) in 6-8 fl. oz. of cold water and enjoy. See usage benefits for additional suggestions and information.

Supplement Facts

Serving Size	1 Scoop (32.5 g)
Servings Per Container	28
Amount Per Serving	% Daily Value
Calories	130
Total Fat	1.5 g 2%†
Cholesterol	25 mg 8%
Total Carbohydrate	3 g 1%†
Total Sugars	1 g *
Protein	25 g
Calcium	299 mg 23%
Sodium	80 mg 3%
Potassium	138 mg 3%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sustained Protein Blend (Native Micellar Casein, Native Whey Protein Isolate, Whey Protein Hydrolysate, Egg White Protein), Natural and Artificial Flavors, Sunflower Lecithin, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [a Milk Derivative], Natural Tocopherols, Tricalcium Phosphate), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Acesulfame Potassium, FD&C Red #40.

CONTAINS: Milk and Eggs.

Gluten Free, No Soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.



PERFORMANCE PROTEIN

4 Sources of Scientifically Blended Protein, Including Specially Processed Native Protein – Protein in its Natural State

- Native Whey Isolate
- Native Micellar Casein
- Egg Whites
- Whey Hydrolysate

USAGE BENEFITS

Breakfast

Rapid Release of Amino Acids to “Break Your Fast” & Fuel Muscles, Plus Ongoing Support for Up to 7 Hours*

Between Meals

Sustained Release of Amino Acids for Ongoing Muscle Support*

Post-Workout

Rapid Release of Amino Acids Plus Sustained Release for ongoing Muscle Support & Protein Synthesis^*

Non-Training Days

Provides Critical Amino Acids to Fuel Muscles During Recovery from Intense Training^*

If it’s on our labels, then it’s in our bottles. Full dosing, full transparency and no meaningless sprinkles. Superior ingredients backed by real science. Up to 7 hours of premium muscle fuel for advanced muscle performance.*

^When used in conjunction with an exercise program.