



KETOGENIC COFFEE PODS

FRENCH VANILLA FLAVOR

Grass Fed Butter • Medium Chain
Triglycerides • Himalayan Salt

(16) .53 OZ (15G) EA | NET WT. 8.48 OZ (240G)



Nutrition Facts

Serving Size 1 pod
Servings per container 16

Amount Per Serving

Calories 100 Calories from Fat 80

% Daily Value*

Total Fat 9g 14%

Saturated Fat 8g 40%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 115mg 5%

Total Carbohydrates 3g 1%

Dietary Fiber 0g 0%

Total Sugars <1g

Includes 0g Added Sugars 0%

Protein <1g 0%

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Calories	2,000	2,500
Total Fat	Less than 65g	80g	
Saturated Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2400mg	2400mg	
Potassium	3,500mg	3,500mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Protein	50g	65g	

Calories per gram:

Fat: 9 • Carbohydrate 4 • Protein 4

Compatible with Keurig 1.0 and 2.0 brewing systems.

N10795



DIRECTIONS:

Load the single serve pod into brewing system and select 8-fl oz setting on brewer. Add 8-12 fl oz of water to brewing system. Help avoid dripping by tilting the single serve cup during removal from the coffee maker.

Ingredients: **Ketogenic Blend** (Coconut Oil, MCT Oil (Medium Chain Triglycerides), Butter & Grass-fed Butter), **RapidFire Boost** [(providing 150 mg caffeine) Instant Coffee, Natural Caffeine (from Green Coffee Bean) and Organic Coffee], Natural Flavors, Xanthan Gum, Silicon Dioxide and Himalayan Pink Salt.

Contains: Tree nuts (coconut) and milk.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not purchase if seal is broken.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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