Carlson

Wild Caught

Elite Omega-3 Gems®

1,600 mg Omega-3s

FRESHNESS PURITY GUARANTEED & POTENCY

Natural Lemon Flavor

DIETARY SUPPLEMENT

✔ Healthy Heart* ✔ Brain Function* ✔ Vision Health*

90 Soft Gels

Carlson. Providing the finest Norwegian omega-3s since 1982

Supplement Facts

Serving Size 2 Soft Gels
Servings Per Container 45

	Amount Per Serving	% DV
Calories	30	
Total Fat	2 g	3%**
Cholesterol	<5 mg	1%
Protein	<1 g	2%**
Vitamin E (as natural d-alpha tocopherol)	13.4 mg	89%
Norwegian Fish Oil	2.5 g	†
Omega-3 Fatty Acids☆	1,600 mg	†
EPA (Eicosapentaenoic Acid)☆	800 mg	†
DHA (Docosahexaenoic Acid)☆	600 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. ☆Reported as ethyl ester.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), natural lemon flavor, natural mixed tocopherols. Contains fish (anchovy, sardine, mackerel, jack, pompano).

Directions: Adults: take two soft gels once daily **at mealtime**.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

Elite Omega-3 Gems® are a professional strength, lemon flavored fish oil concentrate. Each serving provides 1,600 mg of omega-3s, including the most beneficial omega-3s EPA and DHA, which support heart, brain, vision, and joint health.* To ensure maximum freshness, our fish oil is sourced from deep, cold water fish using traditional, sustainable methods and is closely managed from sea to store.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

✔ Gluten-free ✔ No Artificial Preservatives

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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