

## Nutrition Facts

Serving Size 1 pod  
Servings per container 16

### Amount Per Serving

Calories 100    Calories from Fat 80

% Daily Value\*

Total Fat 9g    14%

Saturated Fat 8g    40%

Trans Fat 0g

Cholesterol 5mg    2%

Sodium 115mg    5%

Total Carbohydrates 3g    1%

Dietary Fiber 0g    0%

Total Sugars <1g

Includes 0g Added Sugars    0%

Protein <1g    0%

Vitamin A    0%

Vitamin C    0%

Calcium    2%

Iron    0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2400mg  | 2400mg  |
| Potassium          |           | 3,500mg | 3,500mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |
| Protein            |           | 50g     | 65g     |

Calories per gram:

Fat: 9 • Carbohydrate 4 • Protein 4

Compatible with Keurig 1.0 and 2.0 brewing systems.

N10459



### DIRECTIONS:

Load the single serve pod into brewing system and select 8-fl oz setting on brewer. Add 8-12 fl oz of water to brewing system. Help avoid dripping by tilting the single serve cup during removal from the coffee maker.

Ingredients: **Ketogenic Blend** (Coconut Oil, MCT Oil (Medium Chain Triglycerides), Butter & Grass-fed Butter), **RapidFire Boost** (providing 150 mg caffeine) Instant Coffee, Natural Caffeine (from Green Coffee Bean) and Organic Coffee), Natural Flavors, Xanthan Gum, Silicon Dioxide and Himalayan Pink Salt.

Contains: Tree nuts (coconut) and milk.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not purchase if seal is broken.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Produced in USA from globally  
sourced ingredients



# KETOGENIC COFFEE PODS

## ORIGINAL BLEND

Grass Fed Butter • Medium Chain  
Triglycerides • Himalayan Salt

(16) .53 OZ (15G) EA | NET WT. 8.48 OZ (240G)

