



# DHA WITH PHOSPHATIDYLSERINE

DHA 600 MG AND PHOSPHATIDYLSERINE 100 MG

OVERALL BRAIN HEALTH <sup>▼</sup>

SUPPORTS MEMORY & FOCUS <sup>▼</sup>



Certified from Sustainable Fisheries  
friendofthesea.org

60 Softgels | Dietary Supplement

Omega Fatty Acids

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value <sup>†</sup>
Calories	15	
Total Fat	1.5 g	2% <sup>†</sup>
Cholesterol	20 mg	7% <sup>†</sup>
Total Omega-3's (from fish oil)	644 mg	*
DHA (Docosahexaenoic Acid)	600 mg	*
Other Omega-3's	44 mg	*
Phosphatidylserine	100 mg	*

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, glycerin, medium chain triglycerides, purified water, yellow beeswax, sunflower lecithin, natural mixed tocopherols (to preserve freshness).

**CONTAINS:** Fish (Anchovies, Sardines, Mackerel, Tuna).

**DOES NOT CONTAIN:** Gluten, Sugar, Salt, Artificial Colors, Artificial Flavors, Magnesium Stearate.

**DIRECTIONS:** Take one (1) softgel daily, preferably with a meal.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

<sup>▼</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**STORE IN A COOL, DRY PLACE.**

**KEEP OUT OF REACH OF CHILDREN.**

**TAMPER EVIDENT** Do not use if outer seal is broken or missing.

Distributed by:

Vitamin Shoppe, Inc. Secaucus, NJ 07094

Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com) or call 1-866-293-3367



actual size

