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THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

- SUPPORTS BEGINNER + EXPERIENCED KETO DIETERS¹
- IMMEDIATE + SUSTAINED DAILY ENERGY FUEL¹
- HELPS WITH MENTAL CLARITY + FOCUS¹

TOTAL KETO[®] DAILY is an exogenous ketones supplement designed to help promote cognitive function, athletic performance, and the maintenance of a ketogenic diet.¹

Suggested Use: As a dietary supplement, mix one scoop with eight fluid ounces of water or your favorite beverage daily. Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications. Store in a cool, dry place. Do not use if freshness seal is missing or broken. Protect from heat, light and moisture. KEEP OUT OF REACH OF CHILDREN. goBHB[®] is a registered trademark under exclusive global distribution by Compound Solutions, Inc.



TOTAL KETO[®]

Daily EXOGENOUS KETONES



Formulated for Happy Stomachs¹

WITH AVOCADO OIL & LOGIFIBER[™]

SALTED WATERMELON
FLAVOR

DIETARY SUPPLEMENT

Net Weight
22.9oz (648g)

10g
KETONES
per serving

1g
NET CARBS
per serving

3.9g
AVOCADO OIL
per serving

Supplement Facts

Serving Size 1 Scoop (21.6g)
Servings Per Container 30

	Amount Per Serving	%DV
Calories	45	
Total Fat	3g	4% ^{***}
Total Carbohydrate	6g	2% ^{***}
Dietary Fiber	5g	18% ^{***}
Calcium	160mg	12%
Magnesium	85mg	20%
Sodium	1,280mg	56%
Potassium	250mg	5%
Onnit Keto Blend [™]	10g	*
Sodium Beta-Hydroxybutyrate (as goBHB [®]), Calcium Beta-Hydroxybutyrate (as goBHB [®]), Magnesium Beta-Hydroxybutyrate (as goBHB [®]), Potassium Beta-Hydroxybutyrate (as goBHB [®])		
Soluble Tapioca Fiber (LogiFiber [™])	5g	*
Avocado Oil Powder	3.9g	*

^{***}Percent Daily Values (DV) are based on a 2,000 calorie diet
^{*}Daily Values (DV) Not Established.

Other Ingredients: Citric Acid, Natural Flavors, Silica, Rebudioside-A, Beet Root (for color), Beta-Carotene (for color)
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TOTAL HUMAN OPTIMIZATION