

MCT OIL

Non-GMO

Supports fat metabolism and energy production[▼]

- Made from 100% pure, cold-pressed coconut oil
- Contains medium-chain triglycerides (MCTs)

24 fl. oz. (710 mL)

Dietary Supplement



Gluten-Free



Dairy-Free



Soy-Free

Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container about 47

	Amount Per Serving	% Daily Value
Calories	125	
Total Fat	14 g	18% [†]
Saturated Fat	14 g	70% [†]
Medium Chain Triglycerides (from liquid coconut oil)	14 g	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Non-GMO liquid coconut oil.

CONTAINS: Tree Nuts (Coconut).

DOES NOT CONTAIN: Gluten, Sugar, Salt, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take one (1) tablespoon (15 mL) up to three (3) times per day. To assess tolerance, begin with one (1) serving per day, as excessive consumption may cause gastric discomfort.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The fitfactor weight management system™ brand helps you live your best life. You'll get exceptional products, specialized plans, and a warm support community.

Typical MCT profile per TBSP (15 mL)

C8:0 Caprylic Acid	8,450 mg
C10:0 Capric Acid	4,180 mg



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