

THE VITAMIN SHOPPE®

MAGNESIUM GLYCINATE

400 MG MAGNESIUM
per 2 tablets

energy production[†]

muscle relaxation[†]

cardiovascular health[†]

MINERAL



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

	Amount Per Serving	% Daily Value
Magnesium (from magnesium glycinate)	400 mg	95%

OTHER INGREDIENTS: Glycine, rice flour, microcrystalline cellulose, croscarmellose sodium, stearic acid, hydroxypropyl methylcellulose, silica, magnesium stearate.

DOES NOT CONTAIN: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take two (2) tablets daily with a meal or a glass of water.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical condition.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-866-293-3367.



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Dietary Supplement **180** Tablets