

# ASHWAGANDHA EXTRACT 470 MG

energy and vitality<sup>v</sup>

stress support<sup>v</sup>

adaptogen<sup>v</sup>

**HERB**



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Ashwagandha Extract ( <i>Withania somnifera</i> )(root) std. to 1.5% Withanolides (7 mg)	470 mg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, microcrystalline cellulose, silicon dioxide, magnesium stearate.

**DOES NOT CONTAIN:** Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

This natural product may vary in color.

<sup>v</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** Take one (1) capsule daily, preferably with a meal.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

**TAMPER EVIDENT**

Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.  
Secaucus, NJ 07094

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actual size

Item No. VS-1944

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Dietary Supplement **120** Capsules