

**ASHWAGANDHA
EXTRACT
470 MG**

energy and vitality^v

stress support^v

adaptogen^v

HERB

Dietary Supplement **60** Capsules



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Ashwagandha Extract	470 mg	*
<i>(Withania somnifera)</i> (root) std. to 1.5% Withanolides (7 mg)		

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, microcrystalline cellulose, silicon dioxide, magnesium stearate.

DOES NOT CONTAIN: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

This natural product may vary in color.

v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) capsule daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-866-293-3367.

actual size



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