

CHAMOMILE GLYCERITE

Matricaria recutita

Promotes Restful
Sleep and Relaxes
Digestive Tract*

2 fl. oz. (60 mL)

HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST

Suggested use: 80-120 drops (4-6 mL)
in juice or water. Take 3 times per day.
Shake well before using.

Contraindications: Do not use
if you have severe ragweed
allergies.

KEEP OUT OF CHILDREN'S REACH

Supplement Facts

Serving size 120 drops (6 mL)
Servings per container 10

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrates	4g	1% •
Dried Chamomile flowers ♦ extract 6 mL†		

† Daily value not established.

• Percent Daily Values are based on a
2000 calorie diet.

Other ingredients: Vegetable glycerin,
distilled water.

Botanical Preparation Ratio 1:5

♦ Certified Organic

*This statement has not been
evaluated by the FDA. This
product is not intended to
diagnose, treat, cure or prevent
any disease.

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