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No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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TO REORDER PROD. # **5445**

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Vitamin World, Inc.  
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# Selenium

## 100 mcg

May Reduce the Risk of Certain  
Forms of Cancer (see side panel)

100  
TABLETS

Vegetarian Dietary Supplement

**DIRECTIONS:** For adults, take one (1) tablet up to two times daily, preferably with meals.

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Selenium (as Selenium Yeast) 100 mcg	143%

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Brewer's Yeast. Contains <2% of: Silica, Vegetable Magnesium Stearate. Contains wheat ingredients.

Selenium is an essential trace mineral that supports the immune system.\* Some scientific evidence suggests that consumption of Selenium may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.