

## **Vitality**

CALCIUM COMPLETE

Promotes Strong Bones & Teeth

**Directions:** Take one to four tablets per day based on need, preferably with food. Take with K2-D3 for best results.

## **Supplement Facts**

Serving Size 1 Tablet Servings Per Container 120		
	Amount Per Serving	%Daily Value
Vitamin D3 (as cholecalciferol)	100 IU	25%
Calcium 250 mg 25% (as calcium carbonate, dicalcium phosphate, calcium citrate, calcium amino acid oligofructose complex)		
Magnesium (as magnesium oxide, mag oligofructose complex)		12.5%

Other ingredients: Microcrystalline celluloset, croscarmellose sodiumt, sodium starch glycolatet, silicon dioxide, hydroxypropyl methylcelluloset, hydroxypropyl celluloset, stearic acidt, polyethylene glycol, magnesium stearatet, vanillin.

†plant-deriv

**Note:** Gender, age, and family history can determine your need for daily calcium supplementation. Those concerned about proper bone mass can take 2–4 tablets daily as needed or as directed by a medical professional. *For best results, take with K2-D3.* 

Consult your physician before taking this product if you are pregnant, planning to become pregnant, nursing, under a doctor's care, taking any medications or administering to children under the age of 18. Keep out of reach of children. Store in a cool, dry place.

Tamper-evident seal. If broken, do not accept. Store in a cool, dry place. Vegetarian.