

Nutrition



Forever Daily™ Vitamins and Mineral with AOS Complex™

Forever Daily™ is a revolutionary nutrient delivery system designed in combination with Forever Living's proprietary aloe oligosaccharide (AOS) complex. Forever Daily™ with AOS delivers a perfectly balanced blend of 55 nutrients, including essential vitamins and minerals, providing more efficient absorption and in the case of minerals, targeting specific body systems.

Additionally, Forever Daily's comprehensive nutritional program delivers optimal amounts of important natural phytonutrients, bioflavonoids, cutting-edge antioxidants with molecular-technology, and a proprietary blend of fruits and vegetables to ensure your body receives all the essential and semi-essential micro and macro core nutrients required for ideal health.

This unique formula is designed to nourish and protect our bodies by filling the nutrient gaps in our everyday diet and provide optimal health and vitality.

CONTENTS
60 tablets

SUGGESTED USE

Take 2 tablets daily as a dietary supplement.

Supplement Facts

Serving Size 2 Tablets
Servings per container 30

Amount per serving	% Daily Value
Vitamin A (as beta carotene)	6000 IU 100%
Vitamin C (as ascorbic acid)	120 mg 200%
Vitamin D (as cholecalciferol)	400 IU 100%
Vitamin E (as d-alpha tocopherol and mixed tocopherols)	30 IU 100%
Thiamin (as thiamin HCl)	2.5 mg 167%
Riboflavin	2.5 mg 147%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl and pyridoxal-5-phosphate)	5 mg 250%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	40 mcg 667%
Biotin	300 mcg 100%
Pantothenic Acid (as d-calcium pantothenate)	20 mg 200%
Calcium (as d-calcium malate)	50 mg 5%
Iron (as iron bis-glycinate chelate)	6 mg 33%
Iodine (as potassium iodide)	75 mcg 50%
Magnesium (as d-magnesium malate)	25 mg 6%
Zinc (as zinc glycinate chelate)	5 mg 33%
Selenium (as selenium amino acid complex)	35 mcg 50%
Copper (as copper glycinate chelate)	0.9 mg 45%
Manganese (as manganese glycinate chelate)	1 mg 50%
Molybdenum (as molybdenum glycinate chelate)	37.5 mcg 50%
Chromium (as chromium nicotinate glycinate chelate)	120 mcg 100%
Forever PVL20 Blend	100 mg
Apple powder, beet powder, red pepper powder, tomato powder, strawberry powder, cranberry powder, acai powder, cabbage powder, spinach powder, onion powder, rosehip powder, and flaxseed powder.	
Blackberry powder, pomegranate powder, blueberry powder, broccoli powder, kale powder, carrot powder, pumpkin powder, grape powder.	
AOS Complex™ Advanced Cellular Support Blend	40 mg
Ginseng root powder, ginseng stem powder, ginseng leaf powder, alpha-lipoic acid, coenzyme Q10, lutein, lycopene, zeaxanthin, resveratrol.	

*Daily Value not established

Other ingredients: Silicified microcrystalline cellulose, stearic acid, croscarmellose sodium, ethyl vanillin, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, trisodium citrate.



- Blend of 55 nutrients, including essential vitamins and minerals
- Nourishes and protects our bodies



PRODUCT #439

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.