



FOREVER ARCTIC SEA®

*Super Omega-3 Natural Fish
and Calamari Oils with Olive Oil*

DIETARY SUPPLEMENT

120 SOFTGELS

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FOREVER®

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories 10	
Calories From Fat 10	
Total Fat 1g	2%*
Vitamin E 1 IU	3%*
Omega-3 fatty acids 435 mg	†
EPA (eicosapentaenoic acid) 200 mg	†
DHA (docosahexaenoic acid) 200 mg	†
Oleic acid (from olive oil) 100 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: Natural fish oil, calamari oil, gelatin, olive oil,
glycerin, purified water, lemon oil (natural flavor), line oil
(natural flavor), and d-alpha tocopherol.
Contains fish (anchovy, salmon, cod)

*Forever Arctic Sea® provides a perfect balance
of Omega-3 fatty acids in a proprietary blend of
natural fish oil and calamari oil plus olive oil to
better support your cardiovascular system, brain,
and eyes. This unique blend is exclusive to Forever
Living and provides not only 33% more DHA per
day, but creates the perfect balance of DHA and
EPA for optimal health and wellness.**

SUGGESTED USE

Take 2 softgels with meals three times
daily as a dietary supplement.

*These statements have not been evaluated by
the Food and Drug Administration.
This product is not intended to diagnose, treat,
cure, or prevent any disease.

EXCLUSIVELY DISTRIBUTED BY:

FOREVER LIVING  PRODUCTS®

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