



FOREVER NATURE- MIN[®]

*Advanced Multi-
Mineral Formula*

DIETARY SUPPLEMENT
180 TABLETS
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FOREVER[®]

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%*
Dietary Fiber	1g	4%*
Calcium (Dicalcium Phosphate)	1000 mg	100%
Iron (Ferrous Fumarate)	18 mg	100%
Phosphorus (Dicalcium Phosphate)	772 mg	80%
Iodine (Potassium Iodide)	150 mcg	100%
Magnesium (Magnesium Oxide)	400 mg	100%
Zinc (Zinc Sulfate)	15 mg	100%
Selenium (Selenomethionine)	36 mcg	50%
Copper (Copper Gluconate)	2 mg	100%
Manganese (Manganese Gluconate)	2 mg	100%
Molybdenum (Sodium Molybdate)	36 mcg	50%

* Percent Daily Values are based on a 2,000 calorie diet

Other ingredients: Microcrystalline cellulose, stearic acid,
crosscarmellose sodium, natural sea mineral deposit.



*Forever Nature-Min[®] is an advanced multi-mineral
formula utilizing mineral elements from an ancient
seabed. Contains the stated percentages of the Daily
Value for adults and children four or more years of age.*

SUGGESTED USE

Six tablets daily as a dietary supplement.

WARNING: Accidental overdose of iron-containing products
is a leading cause of fatal poisoning in children under 6. Keep
this product out of reach of children. In case of accidental
overdose, call a doctor or poison control center immediately.

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER
CAP IS BROKEN OR MISSING.

KEEP OUT OF REACH OF CHILDREN. STORE
TIGHTLY CLOSED IN A COOL, DRY PLACE.

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FOREVER LIVING  PRODUCTS[®]

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