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GUARANTEED PURE

RECOMMENDATION: Take 1 mL (17-18 drops) once daily. Hold under the tongue for 30 seconds before swallowing. May take one additional dose for energy.*

Warnings: Consult your medical provider before use if you have any medical conditions or concerns.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

Shake well before using. Refrigerate after opening.

This bottle was sealed for your protection. Do not use if outer shrink band is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

**NEW!**

Liquid - Methyl Vitamin B12 Complete Liquid B-Complex

- Promotes energy*
- Contributes to stronger overall central nervous system function*
- Contains 1,000 mcg of B12 per serving

Dietary Supplement
2 Fl. Oz. (59 mL)

Stock No. 21690

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225

www.naturessunshine.com

Supplement Facts

Serving Size 1mL

Servings Per Container 59

Amount Per 1mL	% Daily Value	
Thiamin (vitamin B1, mononitrate)	0.5mg	42%
Riboflavin (vitamin B2)	0.85mg	65%
Niacin (niacinamide)	10mg	63%
Vitamin B6 (pyridoxine HCl)	1mg	59%
Vitamin B12 (methylcobalamin)	1,000mcg	41667%

Other Ingredients: Water, sorbitol, vegetable glycerin, natural flavors, citric acid, sodium bicarbonate, malic acid, potassium sorbate (preservative), and sodium benzoate (preservative).

LOT:
Full Potency Through: