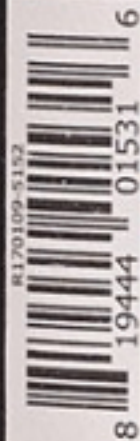


THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ASSISTS ENERGY PRODUCTION*



BOOSTS COGNITIVE PERFORMANCE*



AIDS NEURAL COMMUNICATION*

B vitamins are involved in thousands of processes within the body. They support everything from energy levels to managing daily stress.* Using the very best of the active, methylated forms, you are giving your body what it needs to support optimal absorption and utilize these essential vitamins.*

Suggested Use: Adults, as a dietary supplement, take one capsule daily, preferably with a light meal. Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition or are taking any medications. Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

Quatrefolic® is a registered trademark of GNOSIS SPA.

ONNIT

ACTIVE B

Complete

Methylated B Vitamins

with BENFOTIAMINE & 5-MTHF FOLIC ACID

DIETARY SUPPLEMENT

30
CAPSULES

GLUTEN
FREE

SOY
FREE

CAFFEINE
FREE

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B1 (from Thiamine HCl)	1.5 mg	100% ^{***}
Vitamin B2 (from Riboflavin-5-Phosphate Sodium)	1.7 mg	100% ^{***}
Niacin (as Inositol Hexanicotinate)	20 mg	100% ^{***}
Vitamin B6 (from Pyridoxal-5-Phosphate)	2 mg	100% ^{***}
Vitamin B12 (from Methylcobalamin)	6 mcg	100% ^{***}
Folic Acid (as 5-MTHF [5-Methyltetrahydro-folic Acid]) (Quatrefolic®)	400 mcg	100% ^{***}
Biotin (as D-Biotin)	300 mcg	100% ^{***}
Vitamin B5 (from d-Calcium Pantothenate)	10 mg	100% ^{***}
Vitamin B1 Derivative (Benfotiamine)	150 mg	*
Inositol (as Inositol Hexanicotinate)	8 mg	*

^{***}Percent Daily Values (DV) are based on a 2,000 calorie diet.

^{*}Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (Hydroxypropyl Methylcellulose, Water), Nu-Mag® (Rice Extract, Rice Hulls, Gum Arabic and Sunflower Oil), Silica
Manufactured Exclusively For: Onnit Labs, LLC
Austin, Texas 78744 (855) 666-4899