

// TURMERIC // COCONUT // ASHWAGANDHA /.
BY ORA ORGANIC



# good as gold.

organic turmeric powder supplement

# HOW TO MAKE ME:

// sustainably sourced

// no artificial ingredients

I go great with warm milk, water or in a smoothie. Here's an easy smoothie recipe for you (serves 1):

# Ingredients:

// vegan

// organic

// non-GMO

// gluten-free

// dairy-free

// soy-free

- 1 sachet (of me!)
- half a banana (peeled, obviously)
- 1.5 cups of milk
- 1 tbsp of nut butter

Combine ingredients and blend in a food processor. Serve and enjoy!





ORGANIC TURMERIC POWDER SUPPLEMENT
WITH COCONUT, REISHI & ASHWAGANDHA
7 SERVINGS | NET WT 3 oz (0.19 lbs) | 85g

Suggested Use: Mix contents of 1 packet with 8 oz (1 cup) of warm water or milk (or add to a smoothie).

# **SUPPLEMENT FACTS**

Serving size: 1 packet (12g)

Servings Per Container: Approximately 30

	Amount Per Serving	% DV*
Calories	60	
Calories from Saturated Fat	20	
Total Fat	2.5 g	3%
Saturated Fat	2.5 g	12%
Total Carbohydrate	8 g	3%
Dietary Fiber	< 1 g	2%
Sugars	6 g	++
Vitamin A	500 mcg	56%
Calcium	14 mg	1%
Ora Good As Gold Blend	5 5 a	++

Organic Coconut Milk, Organic Turmeric Root, Organic Ashwagandha

Root, Organic Reishi Mushroom, Organic Ginger Root, Organic Black Pepper Extract

\*Percent Daily Values are based on a 2,000 calorie diet ††Daily Value not established.

 $\begin{tabular}{ll} \textbf{Other Ingredients:} Organic Maple Sugar, Natural Vanilla Flavor, Organic Rice Hull. \end{tabular}$ 

Contains NO: dairy, gluten, soy, GMOs, peanuts, tree nuts, added sugars, artificial flavors, colors, sweeteners or preservatives.

Storage: Store in a cool, dry place.

Product sold by weight not volume. Contents may settle.
Contains coconut.

#### 1275-B01-18



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### WHAT AM I?

I'm a delicious Ayuverdic powder containing turmeric, coconut, reishi mushroom, ashwaghanda, ginger, and more. I go great mixed with warm milk or water and I also enjoy spicing up your smoothie or your morning matcha!

## **HOW CAN I HELP?**

I'm packed with ayuverdic herbs (including ashwagandha) to support stress relief and the immune system.†
I'm nutritious and delicious and I won't leave you over-caffeinated. I'm basically the drink equivalent of a hug. 

Output

Description:

## **ABOUT ORA ORGANIC**

Our products are sustainably sourced from organic and plant-based foods. We believe in clean nutrition for a healthy body and a healthy planet.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.