



Black Seed Oil



- Virgin, Cold-Pressed[®]
- Essential Fatty Acids[®]
- Immune Support[®]
- Cellular Health[®]
- Non-GMO
- Vegan



Net 8 fl. oz. (236 mL)



Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container: About 47

	Amount Per Serving	% Daily Value
Calories	40	
Total Fat	4.5 g	6% [†]
Saturated Fat	0.5 g	3% [†]
Certified Organic Black Cumin	4.6 g	*
(Nigella sativa)(seed oil)		

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: None.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) teaspoon (5 mL) 1-2 times per day or as directed by your healthcare professional. Can also be used topically.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

ⓘ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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New Mexico Department of
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Pure living, naturally true[®]

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The plnt line of products is dairy-free, with ingredients sourced in nature. That's why we leave out the "a" in plnt, to represent the absence of artificial preservatives, colors, flavors, or sweeteners. The result is nutrition that you can believe in.



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