

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 2 capsules 2 times daily with food,
or as directed by your healthcare
professional.

Warning

If you take Coumadin® (warfarin) or
other prescription blood thinners or are
pregnant or nursing, consult your
physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Osteo-Nutrients II

(with Vitamin K2-7)

DIETARY SUPPLEMENT

240 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules
servings per container: 120

	amount per serving	percent daily value
Vitamin D3 (cholecalciferol)	500IU	125%
Vitamin K2 (as menaquinone 7)	25mcg	31.5%
Calcium	500mg	50%
(90% as calcium carbonate-10% as calcium citrate/malate)		
Magnesium	250mg	62.5%
(90% as magnesium oxide-10% as magnesium citrate)		
Horsetail Powder (aerial parts)	50mg	*
Lysine HCl	50mg	*
Boron (citrate)	1.5mg	*

* Daily value not established

Other Ingredients: Vegetable Cellulose Capsule,
Magnesium Silicate and Leucine.

manufactured by
VITAL NUTRIENTS
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