

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 2 capsules twice daily, or as
directed by your healthcare professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Evening Primrose Oil

500mg - GLA 45mg

DIETARY SUPPLEMENT

250 SOFTGEL CAPSULES

Supplement Facts

serving size: 2 softgels • servings per container: 125

	amount per serving
Evening Primrose Seed Oil	1000mg*
(Provides 90mg of gamma linolenic acid-GLA)	

* Daily Value not established

Other Ingredients: Gelatin, Glycerin, Water.

COLD PRESSED
EXTRACTED WITHOUT CHEMICALS

manufactured for
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA