

SOURCE NATURALS®

DIETARY SUPPLEMENT

MAGNESIUM MALATE

SUPPORTS MUSCLES AND
ENERGY PRODUCTION*

625 MG • 100 CAPSULES



Supplement Facts

Serving Size 6 Capsules

Servings Per Container 16

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	3 g	1%*
Dietary Fiber	1 g	4%*
Protein	1 g	2%*
Magnesium (as magnesium malate)	425 mg	106%
Malic acid (as magnesium malate and malic acid)	2.5 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin (capsule), microcrystalline cellulose, magnesium stearate, and silica.

Suggested Use: 2 to 6 capsules daily with a meal.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Source Naturals **MAGNESIUM MALATE** is a compound

of magnesium and malic acid. It supports proper muscle function, cardiovascular health, and energy production. Malic acid is a natural fruit acid that is present in most cells in the body and is an intermediate in the Krebs cycle, where energy is captured during the metabolism of carbs and fats. Magnesium is an essential cofactor for over 300 enzymatic reactions in metabolism, ATP synthesis and energy production. Magnesium plays important roles in muscle relaxation, because of its function as a cofactor for enzymes and because of its ability to counterbalance calcium in the cell. *

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN1599 REV L141

Manufactured for:
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