

Vanilla Bean Flavored

WHEY-BASED PROTEIN

120 CALORIES PER SERVING

18g PROTEIN PER SERVING

RICH IN NUTRIENTS

NO ADDED SOY

GLUTEN FREE

NO ASPARTAME

21st Century[®] HealthCare ReNourish[™] is made with natural, whey-based protein and is uniquely formulated for superior performance. Our delicious vanilla bean whey protein is naturally flavored with no aspartame or added soy. Our high protein formula helps satisfy hunger and aids in building lean muscle.*

DIRECTIONS FOR USE: Can be used as a low-calorie snack or a post-workout drink. As a dietary supplement, mix two (2) scoops of whey protein with 3/4 cup (6 fl oz) of cold water or milk. Stir/blend until dissolved. For a smoothie blend, add fruits, vegetables and yogurt.

WARNINGS: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Discontinue use and contact a physician if adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Preservatives.

21st Century ReNourish is 100% whey-based protein using the highest quality whey proteins instantized for easier mixing.

USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Whey protein is for anyone who desires additional protein in their daily diet. This product should not be used as a sole source of nutrition.

CONTENTS ARE SOLD BY WEIGHT. SOME SETTLING MAY OCCUR.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

21ST CENTURY

RE>NOURISH[™]



whey protein

100% WHEY-BASED PROTEIN PLUS ESSENTIAL B-VITAMINS & MINERALS

120 CALORIES PER SERVING

18g PROTEIN PER SERVING

NATURALLY FLAVORED
Vanilla Bean



GLUTEN FREE NO ADDED SOY

PROTEIN SUPPLEMENT NET WT. 1 LB (16 OZ.) (454 g)

Supplement Facts

Serving Size 2 Level Scoops (30 g)
Servings Per Container 15

Amount Per Serving	% Daily Value	
Calories	120	
Total Fat	3 g	4% [†]
Saturated Fat	1 g	5% [†]
Cholesterol	50 mg	17%
Total Carbohydrate	5 g	2% [†]
Dietary Fiber	2 g	7% [†]
Total Sugars	3 g	**
Includes 2 g Added Sugars		4% [†]
Protein	18 g	36% [†]
Vitamin D ₃ (as Cholecalciferol)	5 mcg (200 IU)	25%
Thiamin (as Thiamin Hydrochloride)	1.5 mg	125%
Riboflavin (as Vitamin B-12)	1.7 mg	131%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	200%
Calcium (as Dicalcium Phosphate)	200 mg	15%
Phosphorus (as Dicalcium Phosphate)	150 mg	12%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Gluconate)	5 mg	45%
Sodium	80 mg	3%
Potassium	130 mg	3%

[†]Percent Daily Values are based on a 2,000-calorie diet.
^{**}Daily Value not established.

Other Ingredients: Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Fructose, Sunflower Oil, Xanthan Gum, Natural Flavors, Sucralose. Contains Milk.

Manufactured in a facility that also produces soy products.

Proudly Manufactured by
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