

Supplement Facts

Serving Size: Two (2) Capsules
Servings per Container: 30

Amount Per Serving	% DV
Mitochondrial Energy Cofactors:	
Acetyl L-Carnitine HCL	700 mg **
Alpha Lipic Acid	500 mg **
Coenzyme Q 10	50 mg **
Circulation Support Blend:	
Oligonol® (L ychee (Litchi chinensis) Fruit Extract and Green Tea (Camellia sinensis) Leaf Polyphenol Extract)	100 mg **
Quercetin (from Sophora japonica Bud)	50 mg **
Adaptogenic Blend:	
Cordyceps (Cordyceps sinensis) Mycelium	100 mg **
Ginseng (Panax quinquefolius) Root Extract	40 mg **
KSM-66® Ashwagandha (Withania somnifera) Root Extract	40 mg **
	20 mg **
** Daily Value (DV) not established.	

Other Ingredients: Vegetable Hypromellose, Microcrystalline Cellulose, Vegetable Fatty Acid, Silica

Directions for use: Take 2 capsules daily with food. Refrain from using before going to sleep.

Note: Keep out of reach of children. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Do not use if safety seal is broken or missing.

Store in a cool, dry place.

Manufactured in the U.S.A. exclusively for dōTERRA Intl, LLC,
389 S 1300 W, Pleasant Grove, UT 84062 1-800-411-8151

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Oligonol® is a trademark of Amino Up Chemicals Co. Ltd



v2

34350001

dōTERRA®

MITO₂ MAX®

ENERGY & STAMINA COMPLEX*

dietary supplement

60 } VEGGIE CAPS, 30-DAY SUPPLY