

Supplement Facts

Serving Size: Four (4) Capsules
Servings per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as α & β Carotene and Retinyl Palmitate)	7000 IU	140%
Vitamin C (as Calcium Ascorbate and Magnesium Ascorbate)	200 mg	333%
Vitamin D ₃ (as Cholecalciferol)	800 IU	200%
Vitamin E (as Natural Mixed Tocopherols and Tocotrienols)	50 IU	167%
Vitamin K (as Glycoprotein Matrix)	20 mcg	25%
Thiamin (as Glycoprotein Matrix)	3 mg	200%
Riboflavin (as Glycoprotein Matrix)	3 mg	176%
Niacin (as Glycoprotein Matrix)	20 mg	100%
Vitamin B ₆ (as Glycoprotein Matrix)	3 mg	150%
Folate (as Natural Lemniscate and Tetrahydrofolic Acid)	400 mcg	100%
Vitamin B ₁₂ (as Glycoprotein Matrix)	10 mcg	167%
Biotin (as Glycoprotein Matrix)	300 mcg	100%
Pantothenic Acid (as Glycoprotein Matrix)	10 mg	100%
Calcium (as Maltodextrin, Natural Glycerol, and Ascorbate)	500 mg	50%
Iron (as Bis-Glycinate Chelate) Ferrochel ^{††}	6 mg	33%
Iodine (from Kelp (Laminaria digitata) Stem and Leaf Powder)	25 mcg	17%
Magnesium (as Dimagnesium Malate and Ascorbate)	150 mg	38%
Zinc (as Bis-Glycinate Chelate) TRAACS ^{††}	15 mg	100%
Selenium (as Glycinate)	70 mcg	100%
Copper (as Bis-Glycinate Chelate) TRAACS ^{††}	0.5 mg	25%
Manganese (as Bis-Glycinate Chelate) TRAACS ^{††}	0.5 mg	25%
Chromium (as Nicotinate Glycinate Chelate) TRAACS ^{††}	50 mcg	42%
Proprietary Whole-Food Blend:	80 mg	**
Kale (Brassica oleracea acephala) Leaf Powder, Dandelion (Taraxacum officinale) Leaf Powder, Parsley (Petroselinum crispum) Leaf Powder, Kelp (Laminaria digitata) Stem and Leaf Powder, Broccoli (Brassica oleracea italica) Aerial Parts Powder, Brussels Sprout (Brassica oleracea gemmifera) Immature Inflorescences Powder, Cabbage (Brassica oleracea capitata) Leaf Extract, Spinach (Spinacia oleracea) Leaf Powder		
Active Enzyme Blend:	40 mg	**
Protease, Lactase, Lipase, Amylase, α -Galactosidase, Diastase, Glucoamylase, Peptidase		
dōTERRA Tummy Tamer Blend:	30 mg	**
Caraway (Carum carvi) Seed Extract, Ginger (Zingiber officinale) Rhizome Extract, Peppermint (Mentha piperita) Leaf Extract		

** Daily Value not established.

Other Ingredients: Vegetable Hydroxypropylcellulose, Stearic Acid, Silica, Microcrystalline Cellulose

Contains Soy

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120 } VEGGIE CAPS, 30-DAY SUPPLY