

## Food/Dietary Supplement

Suggested Use: Dissolve one teaspoon in 2 ounces of hot water. Let the mixture fizz, then stir until dissolved. Mix with 8 ounces of chilled or room temperature water. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

## Supplement Facts

Serving Size = One (1) teaspoon Servings Per Container = Sixty (60)

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Magnesium 200 mg 50% (Magnesium Carbonate 29%)

Other Ingredients: Organic apple cider vinegar powder and citric acid.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. | Food supplements should not be used as a substitute for a varied diet.

Amount of product in container is based on weight. Some settling may occur.



440 Kings Village Rd. Scotts Valley, CA 95066 In case of adverse event call 855-885-2855