



Flaxseed Oil 1000 mg

List No.: 8038

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

Each Softgel Contains	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Flaxseed Oil	1000 mg	**
Omega-3 as Alpha-Linolenic Acid 570 mg		
Omega-6 as Linoleic Acid 160 mg		
Omega-9 as Oleic Acid 180 mg		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Carob Extract.

Directions: As a dietary supplement, take one to three softgels daily, preferably with a meal or as directed by your health care professional.

Flaxseed Oil (Linum Usitatissimum) provides essential fatty acids, including Omega 3 and Omega 6 as Gamma Linoleic Acid which helps to maintain healthy joint function by inhibiting the body's inflammatory response as well as helping to sport healthy cholesterol and triglyceride levels for a healthy heart.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

This product is manufactured under strict quality control guidelines; therefore, purity and label potency are guaranteed.

PRESERVATIVE AND GLUTEN FREE. NO SUGAR, STARCH, ARTIFICIAL COLORS, ARTIFICIAL FLAVORS, WHEAT, YEAST OR CORN ADDED.