

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 3 capsules 2-4 times daily,
ideally between meals, or as
directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING


VITAL
NUTRIENTS

BCQ[®]

DIETARY SUPPLEMENT
240 VEGETARIAN CAPSULES

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net

Supplement Facts

serving size: 3 vegetarian capsules
servings per container: 80

	amount per serving
Boswellia serrata Gum Extract (alpha & beta Boswellic acids min. 30% by HPLC)	600mg*
Bromelain (high potency)	300mg*
Curcuma longa Rhizome Extract (total Curcuminoids min. 85-90% by HPLC)	600mg*
Quercetin dihydrate (min. 90% by HPLC)	300mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Magnesium Silicate, Ascorbyl Palmitate, Cellulose,
Silica, and Leucine.

manufactured by
VITAL NUTRIENTS
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