

equate™

One Daily™

WOMEN'S HEALTH

Multivitamin/Multimineral Supplement

With 100% DV of All 8 B-Vitamins†

Supports:

- Bone & Heart Health**
- Immune Health**
- Energy Metabolism**
- Healthy Skin**

Compare to
One A Day®
Women's
Ingredients***

100
TABLETS

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Adults: One tablet daily, with food.

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Supplement Facts

Serving Size: One tablet

Amount Per Serving			Amount Per Serving			Amount Per Serving		
% Daily Value			% Daily Value			% Daily Value		
Vitamin A (20% as beta-carotene)	2500 IU	50%	Niacin	20 mg	100%	Iron	18 mg	100%
Vitamin C	60 mg	100%	Vitamin B6	2 mg	100%	Iodine	150 mcg	100%
Vitamin D	1000 IU	250%	Folic Acid	400 mcg	100%	Zinc	15 mg	100%
Vitamin E	22.5 IU	75%	Vitamin B12	6 mcg	100%	Selenium	20 mcg	29%
Vitamin K	25 mcg	31%	Biotin	300 mcg	100%	Copper	2 mg	100%
Thiamin	1.5 mg	100%	Pantothenic Acid	10 mg	100%	Manganese	2 mg	100%
Riboflavin	1.7 mg	100%	Calcium (elemental)	500 mg	50%	Chromium	120 mcg	100%

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Acacia, Ascorbic Acid, Croscarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, Niacinamide, Titanium Dioxide Color, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Dextrose, Cupric Sulfate, Pyridoxine Hydrochloride, Lecithin, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, Biotin, Potassium Iodide, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytonadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin. **CONTAINS: SOY**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Caution: If you are pregnant or nursing a baby, or if you are taking any medication or have a medical condition, consult a doctor before using this product.

CHILD RESISTANT CAP

†Refers to Daily Values for Thiamin, Riboflavin, Niacin, Vitamins B6, B12, Folic Acid, Biotin and Pantothenic Acid.

Store in a dry place at room temperature (59°F-86°F).

Questions or comments? 1-888-287-1915

Satisfaction guaranteed -
For questions or comments
please call 1-888-287-1915.

Distributed by: Wal-Mart Stores, Inc.,
Bentonville, AR 72716

***This product is not manufactured
or distributed by Bayer HealthCare
LLC, distributor of One A Day®
Women's. 164752



**CODE
AREA**

• no varnish • no color
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