

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 2 capsules 1 or 2 times daily, or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.
[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net



PMS Support

DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

serving size: 2 capsules
servings per container: 30

	amount per serving	% daily value
Vitamin B6 (as pyridoxine HCl)	50mg	2500%
Chaste Tree Berry Extract (Vitex agnus-castus)	300mg	*
Wild Yam Root (Dioscorea villosa)	250mg	*
Dong Quai Root Extract (Angelica sinensis)	250mg	*
Bupleurum Root Extract	250mg	*
Passionflower Herb Extract	150mg	*

* Daily Value not established

Other Ingredients: Gelatin Capsule, Leucine, Silica, and Magnesium Citrate.

manufactured by
VITAL NUTRIENTS
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