

# TURMERIC ROOT

POWDER

Antioxidants + Vitality







454g (1 lb)

## ORGANIC RAW TURMERIC ROOT POWDER

Turmeric root is used widely in Indian cuisine, and is held in high regard in Ayurvedic herbalism where it's referred to as the "cleanser of the body." Curcumin is the principal curcuminoid of turmeric, and is responsible for most of the active benefits of this powerful herb that is now used traditionally in many cultures to support health and vitality. It demonstrates an ability to support a healthy inflammation response in the body, contains beneficial antioxidants that may help protect the body from harmful free radicals, and supports healthy immunity.

### Raw • Vegan • Gluten-Free • Chemical-Free • Non GMO • Organic

#### WHO SHOULD USE TURMERIC ROOT POWDER?

Anyone looking to support immunity and healthy inflammatory responses.

#### **BENEFITS:**

Healthy inflammation response, antioxidants, immune system support.†

#### turmeric root powder (raw - organic)

Suggested Use: Mix 1 teaspoon to recipes, juice or add to your favorite smoothie.

#### poudre de racine de curcuma (crue- biologique)

Suggestion d'Utilisation: Mélangez 1 cuillère à café à vos recettes, jus de fruits ou à votre smoothie préféré.

#### radice di curcuma in polvere (crudo - biologico)

**Uso Raccomandato**: Mescolare 1 cucchiaino a piatti, succhi di frutta, o frullati.

#### kurkuma wurzel pulver (roh - biologisch)

**Empfohlene Anwendung:** Mischen Sie 1 Teelöffel in Rezepte, Saft oder Ihren Lieblingssmoothie.

#### raíz de cúrcuma en polvo (crudo - orgánico)

**Uso Sugerido**: Mezclar 1 cucharadita en sus recetas, jugo o añadir a su batido favorito.

#### raiz de curcuma em pó (cru - orgânico)

Sugestão de Uso: Misturar 1 colher de sopa em suas receitas, suco ou adicionar em seu smoothie favorito.



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#### **Nutrition Facts**

Serving Size: One (1) tsp (2.8g) Servings Per Container: 162

Amount Per Serving	
Calories 10	Calories from Fat 1
	% Daily Values
Total Fat Og	0%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 1mg	0%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	2%
Sugars Og	
Protein Og	0%
Vitamin A	0%
Vitamin C 1mg	1%
Calcium 4mg	0%
Iron 1mg	6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Organic Raw Turmeric Root.

Botanical Source: Curcuma Longa.

Warning: If you are pregnant or lactating, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the seal on the package is broken.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.