

Swanson U L T R A[®]

The Most Advanced Nutrition Technology

SOFTGELS

Standardized Phytoestrogen Complex

with EFAs

Dietary Supplement

Soy Free

60 SOFTGELS



• DO NOT USE IF SEAL IS BROKEN • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel two times per day with food and water.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medication or if you have a medical condition. Discontinue use if you experience gastrointestinal discomfort or if any unusual symptoms occur. Contains dong quai; avoid lengthy exposure to natural sunlight and other sources of UV light as this product may increase your skin's photosensitivity, resulting in sunburn or skin rash.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Oil Blend [Borage Oil (375 mg), Evening Primrose Oil (300 mg), Flaxseed Oil (150 mg)] [Linoleic Acid (Omega-6), Gamma-Linolenic Acid (Omega-6), Oleic Acid (Omega-9), Alpha-Linolenic Acid (Omega-3)]	825 mg*
Wild Yam Extract (Dioscorea villosa) (root) (standardized to 10% diosgenin)	50 mg*
Black Cohosh Extract (Cimicifuga racemosa) (root)	20 mg*
Dong Quai (Angelica sinensis) (root and rhizome)	20 mg*
Genistein (Saphora japonica) (fruit)	15 mg*

*Daily Value not established.

Other ingredients: Gelatin, glycerin, beeswax, purified water, maltodextrin, sunflower lecithin, caramel color.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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