For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We quarantee it.

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Carefully Manufactured by Vitamin World, Inc. Ronkonkoma, NY 11779 U.S.A. ULTRA MAN

50 PLUS

Performance Formula Targeted for Men over 50

HIGH POTENCY

TIMED A RELEASE

60 COATED

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container 30

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Amount Per Serving	%Da	ily	Value
Vitamin A (as Beta-Carotene and Vitamin A Acetate)	5,000	IU	100%
Vitamin C (as Ascorbic Acid)	300		500%
Vitamin D (as D3 Cholecalciferol)	2,000		500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30	IU	100%
Vitamin K (as Phytonadione)		meg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30	mg	2,000%
Riboflavin (Vitamin B-2)		mg	1,765%
Niacin (as Niacinamide)		mg	150%
Vitamin B-6 (as Pyridoxine Hydrochloride)		mg	1,500%
Folic Acid		meg	
Vitamin B-12 (as Cyanocobalamin)		mcg	
Biotin		meg	
Pantothenic Acid (as d-Calcium Pantothenate)		mg	300%
Calcium	290		29%
(as Calcium Carbonate, Dicalcium Phosphate and			
Iodine (as Potassium Iodide)		mcg	
Magnesium (as Magnesium Oxide)		mg	25%
Zinc (as Zinc Oxide)		mg	1679
Selenium (as Sodium Selenate)		meg	
Copper (as Cupric Oxide)		mg	100%
Manganese (as Manganese Gluconate)		mg	100%
Chromium (as Chromium Picolinate)		mcg	
Molybdenum (as Sodium Molybdate)		mcg	
Potassium (as Potassium Chloride)	30	mg	19
Choline Bitartrate	10	mg	
Inositol		mg	
Boron (as Sodium Tetraborate)	2	mg	-
Vanadium (as Sodium Metavanadate)	10	meg	
UM50+ Amino Acid Blend	50	mg	
L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Is-	oleucine,	L-M	ethionine

Taurine, Acetyl-L-Carnitine, L-Arginine, L-Carnitin

Amount Per Serving

%Daily Value

120 ma

Flax (Linum usitatissimum) (seed), Saw Palmetto Extract (Serenoa repens (fruit), Pumpkin Seed (Cucurbita pepo), Oyster Extract, Maca Extract (Legidium mevenii) (root) (0.6% Macamides and Macaenes). Lycopene

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pinaster), Astaxanthin Complex, Zeaxanthin, Lutein UM50+ Vitality Blend

Green Tea (Camellia sinensis) (leaf), Cayenne Pepper

(Capsicum annuum) (fruit), Spirulina, Ginkgo Biloba (Ginkgo biloba) (leaf), Neuro PS® Phosphatidylserine

*Daily Value not establis

Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Gelatin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.
Contains milk and soy ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with meals.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue uses and consult your doctor if any adverse reactions cour. Not intended for use by persons under the age of 18, Keep out of reach of children. Store at room temperature. On on use if seal under cas is broken or missing.